

LOVE MIMAROPA

📍 REGION IV-B



MIMAROPA REGION

This is the closest you'll get to paradise. MIMAROPA (Region IV-B), known as the "Treasure Trove" of Southern Luzon, stands for its 5 provinces: Mindoro Occidental & Mindoro Oriental (Mi), Marinduque (Ma), Romblon (Ro), and Palawan (Pa). This region has 71 municipalities, but just 2 cities: Calapan in Oriental Mindoro and Puerto Princesa in Palawan.

Tourists flock to the beautiful beaches of Palawan as well as the vibrant party scene of Puerto Galera. If divers aren't in Palawan, they're probably in Occidental Mindoro's Apo Reef Marine Park, discovering the marine life that lie within it! You also get a good deal of action on dry land as Mt. Guiting-Guiting is a famous climb for hikers in Romblon. Tourists who are interested in history and religion can head to Marinduque, the Lenten capital of the country, where the popular Moriones Lenten observance happens yearly.





APO REEF NATURAL PARK

Every diver dreams to see Apo Reef. Acclaimed as the Mecca for divers, this reef runs for 34 kilometers, making it the second largest contiguous coral reef system in the world. Come to Apo Reef and see how amazingly clear the waters are by the fine, white, sandy beaches. Take a dive and see some of the most unique underwater animals such as the Thresher Shark, Dugong, Pawikan (sea turtle), and more!

UNGAB ROCK FORMATION

Check out one of the most iconic natural landmarks of Marinduque province. This rock formation, created from years of erosion, includes one part resembling a land bridge that connects to the sea. The waters here are clear and you can even spot colorful reef fish swimming about.



MUELLE BAY

Travelers list this among the most beautiful bays to visit in the Philippines. This major tourist attraction stands near beautiful beaches, bringing in lots of people for sunset/sunrise watching, boating tours, island hopping, or just peace and quiet.



EL NIDO LAGOONS

El Nido's lagoons are some of the most scenic you'll find in the Philippines. The Big Lagoon is abundant with marine life all under its serene, turquoise-green waters surrounded by orchid-lined limestone walls. The Small Lagoon or Secret Lagoon is in a more secluded area also lined with limestone walls. See what was once a cave and is now surrounded by towering karst cliffs, leaving a lagoon in the middle.



KAYANGAN LAKE

Take a dip into the renowned "cleanest lake in the Philippines," surrounded by limestone cliffs that will leave you in awe. This karst beauty is guarded and maintained by the Tagbanua tribe of Palawan. In this 70% freshwater and 30% salt water lake, swim, snorkel, or just float around in a life jacket!

LONG BEACH, SAN VICENTE

Walk along the longest white sand beach in the Philippines. Long Beach is the first flagship Tourism Enterprise Zone (TEZ) of the Tourism Infrastructure and Enterprise Zone Authority (TIEZA). Take a stroll and take some beautiful photos along this 14-km stretch of white sand surrounded by trees. We suggest to go around by riding at the back of a motorcycle (habal-habal)!



MT. GUITING-GUITING

If you're an explorer, you'll want to visit the wild and challenging Mt. Guiting-Guiting. This unexplored beauty rises 2,075 meters above sea level with sheer jagged peaks that prove difficult to trek even for seasoned climbers. With how rugged the trails are, hiring an experienced guide is a must. Get through the paths of wild ferns, orchids, and bonsai to enjoy a beautiful view of the whole island and even the neighboring provinces, Romblon and Marinduque, at the peak.

FUN THINGS TO DO

Sun and Beach



With so many islands and beaches, you won't run out of Vitamin D and sea in MIMAROPA. Visit beautiful harbors, hidden lagoons, and untouched beaches, with clear waters and powdery-white sands all around this wonderful region.

Dive



Discover our unique marine life at MIMAROPA's special diver destinations. This region has abundant corals in their reefs and various hot spots for diving and snorkeling too. You can also spot sunken vessel sites!

Food and Hospitality



MIMAROPA is home to some of the most delicious and unique dishes in Filipino cuisine. Here, you can find Bibingka Lalaki, Sarsa, Adobong Pugita, and, for the adventurous, the shipworm, Tamluk. Apart from food, MIMAROPA also offers luxurious escapes at the El Nido Resorts or Puerto Galera Yacht Club.

Nature



See the many natural attractions of MIMAROPA! We already know this region to be a marine sanctuary with the number of reefs, beaches, and bodies of water, but it also is home to the national attraction, the Tabon Caves, where you can see how the pre-historic man lived.

Events and Culture



MIMAROPA has a bunch of festivals where you can observe Filipino culture. The biggest one is the MIMAROPA Festival, an event where all 5 provinces showcase their natural resources and cultural traditions.

TOP 5 FESTIVALS



Biniray Festival

It feels like you'll never stop celebrating during the 9-day long Biniray Festival. This cultural event honors the patron saint of the province, Sto. Niño de Romblon, with festivities that include a novena mass, a parade by the sea, and a grand street dancing contest at the capital town of Romblon.

WHEN: 2nd Sunday of January
WHERE: Romblon



Moriones Lenten Observance

When Holy Week comes around, most provinces in the Philippines observe in penitence, but Marinduque does so in grand style. The Moriones Lenten Observance is a Lenten rite where men and women replicate the armor, weapons, and even the faces of ancient Roman soldiers. Watch as folk history is transformed into a colorful tapestry of solemn vows and beliefs.

WHEN: Holy Week
WHERE: Marinduque Island



Baragatan Festival

In the Cuyonon dialect, "Baragatan" means coming together. And there's no better way to celebrate coming together than this colorful, musical, and cultural event. Witness elaborate parade floats and unforgettable dance routines as these pristine islands turn into a party paradise!

WHEN: 3rd week of June
WHERE: Puerto Princesa



Arawatan Festival

November is an eventful month for Occidental Mindoro as both the Arawatan Festival and the province's founding anniversary are celebrated as one. This annual festivity honors unity despite diverse religious, political, and ethnical backgrounds. Take part in many of the festivities this celebration holds such as exhibits of agricultural, coastal and marine products, street dancing, sports competitions, and a parade.

WHEN: November 15
WHERE: Mamburao, Occidental Mindoro



Pandang-Gitab Festival

Once upon a time, the women of Oriental Mindoro would send their husbands off to fish the seas with warm oil lamps. Pandang-Gitab is a celebration of this tradition of love, complete with musical performances, cultural showcases, and thousands of glowing lamps taking to the sea.

WHEN: April 30
WHERE: Calapan City

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